

## CHILDREN'S ACTIVITY PLANNER

On this sheet list the activities that are specific to your child's (or children's) day. Activities might include: mealtimes, naps, bath times, play and learning times; including playpen or roomtime. There may be playtime with siblings or friends, video or outdoor time, as well as specific training times with Mom. Don't forget to include those activities such as driving a sibling to school, sporting events, or dance lessons. List all the activities of your child's day and week. (You will use these on the next sheet when you begin to organize your child's day.)

Daily Activities:

Weekly Activities:

Monthly Activities: