

## FAMILY ACTIVITY PLANNER

This simple worksheet provides space for you to list the many activities of your day and week. We divided this worksheet into three categories. Mom's activities, Dad's activities and the general activities of the family as a unit, (unlike the specific activities for your children. Those belong on the next worksheet.) When making your list, remember to include activities such as: laundry, housework, banking, food shopping, meal preparation, work schedule, bill paying, doctors visits, devotion time, hobbies, sports nights, volunteering at the library or any activity that requires the family's participation.

Mom's Activities Day/Week:

Dad's Activities Day/Week:

Family Activities Day/Week: